

Please note: Though I would like you to talk about the topics I have chosen below, if you do not wish to talk about any of them, feel free to choose your own topic.

May 2025

Let's get to know each other!

I'm sure that some of us have met before, but there are probably some new faces in our classes!

Tell us about yourself: where you grew up, your mom (mum - in GB and Australia) and father, your brothers and sisters, what were your hobbies then.

Then tell us about your life now. What kind of job or work are you doing or did you do?

Tell us about your family, your interests and your hobbies, your likes and dislikes... If you like, and there is time, tell us about an interesting experience you had in your life.

June 2025

Watching TV and going to the movies!

Most of us spend a lot of time watching TV. What are your favorite TV programs? Do you regularly watch TV dramas? Tell us about your TV watching habits.

What do you like to watch, who are your favorite (favourite - in GB and Australia) actors or actresses?

Also, if there is time, tell us about your favorite movie or movies. Why do you like them? Are you a regular moviegoer? What "must-see" movies do you recommend?

July 2025

Health and Fitness

No matter what your age is, I think we should care about our health.

What should we do to stay healthy? What do you actually do to stay healthy?

Do you exercise? How often do you exercise? What kind of exercise do you do? Do you go to a sports club?

What about food? Do you eat everything and anything? What foods do you think are healthy, what foods do you think we should avoid?

September 2025

Family Values

Recently, Japanese society seems to be changing quite quickly. These days, it seems that many traditional Japanese values seem to be disappearing.

Do you think society is losing its values? What traditional values are not important or not necessary now?

What values did your parents pass on to you? What values have you or will you pass on to your children?

What values from other countries do you think that Japan should adopt?

October 2025

Wonders of the World

There are many wonders in the world, both natural and man-made.

I'm sure that many of you have travelled to different countries and visited some amazing natural and man-made wonders.

What wonderful places have you visited around the world or in Japan? Imagine you're a tour guide. Tell us about one or some of them in detail. Tell us about their history, where they are, when and how they were made or formed, and, of course, tell us your impressions of them. Do you recommend visiting them? Do you prefer to see natural or man-made wonders?

November 2025

Success and Failure

Our lives are filled with successes and failures, and it's natural for parents to want their children to be successful.

Society and governments also have successes and failures.

If you like, please talk about some of the successes in your life, or some of the failures, or some of the successes or failures that society or governments have made.

Is your idea of success the same as your parents' idea of success? Have your ideas of success changed as you have grown older?

Have some of the failures in your life actually helped you?

If you like, you can also talk about some famous people that have achieved great success or suffered from terrible failures.

December 2025

What was important for you in 2025?

Lots of things have happened this year, for you, for Japan, and the world!

Tell about the important things that have happened in your life this year, or if you like, tell us about some of the events in Japan or around the world that had a big impact on you or society.

January 2026

Delicious winter food!

Japan has perhaps some of the best food in the world, and I think that the variety of seasonal food in Japan is quite amazing.

Please talk about some of the winter seasonal foods that you love. What part or parts of Japan are they popular? How often do you eat them? Have you travelled to somewhere in

Japan to enjoy some unique winter foods? Are there some winter foods that you haven't yet tried that you would like to try?

February 2026

Coffee or Green Tea

Did you know that the beverages we drink every day have an environmental impact? For example, there are great transportation and energy costs with importing coffee to Japan, and some scientists claim that the plastics in PET bottles can affect our health... Of course, there are many other environmental and also economic effects.

When I first came to Japan, green tea was the main beverage that almost everyone drank. When I visited anyone's home, I was always served hot, green tea from a Japanese teapot (急須). That custom has almost disappeared; these days I am usually served coffee or tea from a PET bottle!

What was the main beverage that you drank when you were young? What is your main beverage today? Do you prefer coffee or green tea? If you like coffee, when did you start drinking it? How often do you drink it? What is your favorite kind of coffee? If you like green tea, do you brew it from tea leaves, or do you buy it in PET bottles? Do you have a favorite type of green tea?

I wonder if you have ever thought about the environmental impacts of drinking tea or coffee? Which drink do you think is more environmentally friendly and why?

March 2026

Any topic you like!

I really hope you've enjoyed our time together and that your English-speaking ability is improving!

For this class, I'd like to give you the opportunity to talk about any topic that you would like to share with us!